

EPHESIANS GRACE IN ACTION



Oct. 4, 2026

Grieving the Holy Spirit Ephesians 4:30

Who is the Holy Spirit?

The Holy Spirit is God.

The Holy Spirit is personal.

The Holy Spirit is powerful.

What Does the Holy Spirit Do?

The Holy Spirit Glorifies Christ.

The Holy Spirit Glorifies Christ in Evangelism.

The Holy Spirit Glorifies Christ Through Conviction.

The Holy Spirit Glorifies Christ in Conversion.

The Holy Spirit Glorifies Christ in Sanctification.

The Holy Spirit Glorifies Christ by Building Up the Church.

The Holy Spirit indwells believers.

The Holy Spirit applies our salvation through sealing.

The Holy Spirit intercedes for us!

What does it mean to grieve the Holy Spirit?

“He is grieved with us mainly for our own sakes, for he knows what misery sin will cost us; he reads our sorrows in our sins . . . He grieves over us because he sees how much chastisement we incur, and how much communion we lose.”

-Charles Spurgeon

There is something very touching in this admonition, “Grieve not the Holy Spirit of God.” It does not say, “Do not make him angry.” A more delicate and tender term is used — “Grieve him not.” . . . For grief is a sweet combination of anger and of love. It is anger, but all the gall is taken from it. Love sweetens the anger, and turns the edge of it, not against the person, but against the offense.

-Charles Spurgeon

How do we grieve the Holy Spirit?

What are the consequences of grieving the Holy Spirit?

We lose intimacy with Him as we allow sin and the world to take up our head and heart space.

We give the devil a foothold in our lives.

We tarnish the name of Jesus to an onlooking church and world.

But...we DO NOT lose the Holy Spirit!

How do we walk in the Spirit?

Other Scripture:

John 16:13-15; Acts 1:8; John 16:8; Ephesians 1:13-14; 1 Corinthians 12:7; Ephesians 4:25,29,31; Ephesians 3:10

Further Study:

Read: Ephesians 4:30 and the other scripture in your group or with at least one other person.

1. Have someone read it while everyone reads along.
2. Have someone else read it while everyone else listens.
3. Have someone recount the text from memory in their own words.

Discuss:

1. What does the passage reveal about God?
2. What does the passage reveal about humanity?

Act:

1. If this passage is from God, what should change about how you live?
2. Who needs to hear the truth of this Scripture that you can share it with this week?
3. Identify a time this week when you might have the opportunity to share with them.