

EPHESIANS

GRACE IN ACTION



Aug. 23, 2026

Put on the New Self

Ephesians 4:20-24

The command to the Christian – stop living on empty!

The Old and New Self: Positional permanence & ongoing growth

Ephesians 4:20-24 summarized: Be what you are in Christ!

Other Scripture:

Ephesians 4:17; 1 John 2:15-17; Romans 6:6; Romans 12:2

Further Study:

Read: Ephesians 4:20-24 and the other scripture in your group or with at least one other person.

1. Have someone read it while everyone reads along.
2. Have someone else read it while everyone else listens.
3. Have someone recount the text from memory in their own words.

Discuss:

1. What does the passage reveal about God?
2. What does the passage reveal about humanity?

Act:

1. If this passage is from God, what should change about how you live?
2. Who needs to hear the truth of this Scripture that you can share it with this week?
3. Identify a time this week when you might have the opportunity to share with them.