

A banner with a teal background featuring a forest scene. A large orange circle with diagonal stripes is in the center, containing the text 'SUMMER in the PSALMS'. The date 'Aug. 6, 2023' is in the bottom right corner.

SUMMER in the PSALMS

Aug. 6, 2023

Forever Satisfied

Psalm 131

Are you cultivating a heart of contentment?

- *Humility* is the soil where contentment is planted.
- Simple *dependence* is God's design for growth.
- *Hope* gives us the energy to persevere.

Memory Verse: "But godliness with contentment is great gain," - 1 Timothy 6:6

Other Scripture: 1 Timothy 6:6-10; Hebrews 13:5; 2 Corinthians 12:9-10; Habakkuk 3:17-19; Philippians 4:11-12; Psalm 37:3-4; Matthew 6:25-33

Further Study

Read: Psalm 131 in your group or with at least one other person.

1. Have someone read it while everyone reads along.
2. Have someone else read it while everyone else listens.
3. Have someone recount the text from memory in their own words.

Discuss:

1. What does the passage reveal about God?
2. What does the passage reveal about humanity?

Act:

1. If this passage is from God, what should change about how you live?
2. Who needs to hear the truth of this Scripture that you can share it with this week? Identify a time this week when you might have the opportunity to share with them.