



TRINITY CLASSES

WINTER/SPRING
2023



TRINITY

Dear Friend,

I'm so glad you are considering a Trinity Class. The preaching during our Sunday gatherings can only scratch the surface on the bottomless depths of the gospel. It is vital to the life of every believer to engage in independent study and prayer as well as to actively function within the greater church community. Romans 1:16 says, "For I am not ashamed of the gospel, for it is the power of God for everyone who believes, to the Jew first and also to the Greek."

Here at Trinity, there are three primary ways to grow together:

- Trinity classes
- Affinity groups
- Community groups

Classes help us learn from the perspectives and gifts of others in an environment free of judgment. In Trinity classes there is honest interaction with the Scripture alongside other likeminded but equally imperfect brothers and sisters in Christ.

Affinity groups, as the name suggests, are designed to help us build friendships and meet new people where there is already common interest. These groups have a low commitment level and work well as a "next step" in becoming more involved at Trinity.

Community Groups require a deeper level of commitment and act as a kind of "internship" for practicing gospel truths in the everyday stuff of life we all face. This community context helps us fully realize our identities as both disciples who are still growing and as disciple-makers encouraging growth in each other and sharing our faith.

Generally speaking, Trinity Classes fall into three categories: Gospel Exposure, Gospel Expansion, and Gospel Expression. They represent areas of your faith journey in which we can always continue to learn, apply, and grow. These categories are not mutually exclusive, but different classes will have special emphasis on one or more of the three. The question you need to answer is "what area do I most need growth in right now?" That will help you choose a class.

How to best use this catalog:

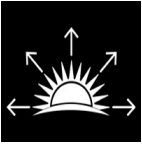
- Read through the descriptions of the class categories.
- Pray about which category you need growth in most right now.
- Look for the classes offered in that category, and check compatibility with your schedule.
- Consider the affinity groups for more ongoing interaction.
- Email the contact person with any questions.
- Register for the class(es) on trinitychurchmn.com/resources/online-registration.
- Come ready to grow and to help others grow to be more like Jesus.

Finally, ask yourself "how am I applying what I am learning?" Joining a Community Group is likely the best way for you to apply what you're learning. Contact one of the pastors to learn more about joining a Community Group.

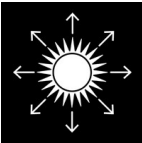
Thank you for choosing Trinity as your church home. We are glad you're here.

Sincerely,
Tim Pace
Community Life & Adult Ministries Pastor
952.469.6266
tpace@trinitychurchmn.com

CATEGORY DESCRIPTIONS



Gospel Exposure: There are always more areas of our lives that need to be exposed to the gospel. This foundational category poses questions like: Who is God? Why do I need God? What does God think of me? How could the gospel possibly apply to...?



Gospel Expansion: This category applies the gospel understanding to all areas of life. Classes in this category explore questions like: How does the gospel influence my work? my marriage? my parenting? etc.



Gospel Expression: It's a natural response to share the joy we feel as the gospel changes our lives. Classes in this category ask the question, "Who am I sharing with and how?"

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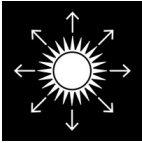
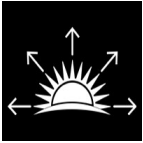
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SUNDAY CLASS

First Corinthians

Sundays, Jan. 8 - May 28, 9 - 10 AM

Online Only via Zoom



The Apostle Paul preached the gospel message in the city of Corinth. During his 18-month stay, he founded a fledgling church. When Paul considered the group of believers fairly stable in their beliefs, he

moved to Ephesus to continue preaching to the 'unchurched'. While in Ephesus, Paul heard disturbing news about his Corinthian church and wrote this letter (epistle) to the Corinthians. Paul wanted to ensure that the Corinthians did not deviate from the core gospel message that he had shared and encouraged them in their growth and belief in the redeeming grace of our Lord Jesus.

Why study First Corinthians? It provides basic principles for faith and behavior, instructs believers how to interact within the church body and with the world, and coaches husbands to cherish their wives and wives their husbands. Love is discussed: "Love is patient, love is kind ... love never fails". It teaches foundational guidelines for judgment within the church body, and offers advice to minimize contention within the church on minor opinions.

Can a person start anytime?

Yes, but those who start on Jan. 8 will gain the most benefit.

What level of commitment/intensity is involved?

While there is no homework, students are encouraged to answer study sheet questions during the week. Discussion will be via Zoom with link provided before the class starts.

Is there a book to purchase or class fee?

No. Study sheets are free and will be available for download.

Contact

Chuck Tremain

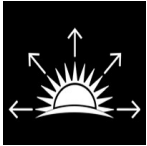
SUNDAY CLASS

The Essence of Jesus

Sundays, Jan. 15 - Feb. 19, 9 - 10 AM

Community Center A

Grade 6 through Adults



In this class, we will journey through key moments in the book of John to uncover a deeper understanding of Jesus. This class will include discussion as to how the character of Jesus and the freedom of the gospel impacts our daily lives.

Can a person start anytime?

Yes, but those who start on Jan. 15 will gain the most benefit.

What level of commitment/intensity is involved?

There is no homework for this class.

Is there a book to purchase or class fee?

No

Contact

Jenita Pace

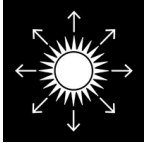
SUNDAY CLASS

The Next Level

Sundays, Jan. 22 - June 25, 9 - 10 AM

Community Center C

Grade 6 through Adults



If you have ever longed to process the Sunday morning messages with a larger group of like-minded believers, this class is for you. Come every week or just occasionally to this larger group discussion of the previous week's sermon led by a rotation of amazing

Trinity lay leaders. Review, unpack, dig deeper, and think through more personal application of the current sermon series. For all this and more, come any Sunday morning and join in the discussion.

Can a person start anytime?

Yes

What level of commitment/intensity is involved?

There is no homework for this class.

Is there a book to purchase or class fee?

No

Contact

Tim Pace

SUNDAY CLASS

Is the Bible Reliable?

Sundays, Mar. 12 - May 21, 9 - 10 AM

Community Center A

Grade 6 through Adults



"The grass withers, the flower fades, but the Word of God stands forever." -Isaiah 40:8

The Bible claims to be the direct revelation of God, but how do we know that is true? *Is the Bible Reliable?* is a video series from the creators of The Truth Project. Each week we will explore key questions and help you determine for yourself if the Bible truly is the inerrant Word of God.

Can a person start anytime?

Yes, but those who start on Mar. 12 will gain the most benefit.

What level of commitment/intensity is involved?

There is no homework for this class.

Is there a book to purchase or class fee?

No

Contact

Jim Gronvall

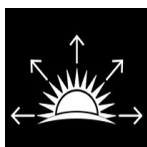
SUNDAY CLASS

The Healing Names of Jesus

Sundays, Apr. 16 - May 21, 9 - 10 AM

Community Center F

Adults



This class will go through the book *The Healing Names of Jesus* and work through discussions and practical tools on how to find hope in the midst of depression and anxiety. The class will go deeper into the book and draw parallels between the names, and how they can create a path to peace.

Can a person start anytime?

No. **Pre-registration is required for this class.**

Register online:

trinitychurchmn.com/resources/online-registration

What level of commitment/intensity is involved?

Due to the discussions and nature of the class, the size is limited to 15. Please be aware this class does involve discussion.

Is there a book to purchase or class fee?

Yes, the book costs \$15 and can be purchased the first day of class.

Contact

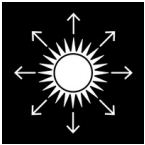
Jenita Pace

WOMEN'S CLASS

He Speaks to Me

Sundays, Jan. 8 - Feb. 19, 11:45 AM - 1 PM

Community Center E



When we approach God humbly and bow down before Him, we put ourselves in a position to hear from Him. Are you longing to hear God's voice, but feeling disconnected?

God wants to speak directly to each of His beloved children, not to just a few "spiritual elite." Priscilla Shirer looks at God's call to Samuel and uncovers six characteristics essential for hearing from God: a simple relationship, a single-minded worship, a set-apart holiness, a still attentiveness, a sold-out hunger, and a servant spirit.

Her warmth and honesty, combined with a wealth of practical help, will inspire you to cultivate these traits in your own life. By doing so, you will prepare yourself to draw closer to Him and to hear His voice more clearly.

Women are welcome to bring their own lunch.

Can a person start anytime?

Yes, but those who start on Jan. 8 will gain the most benefit.

What level of commitment/intensity is involved?

Weekly lessons are done between classes.

Is there a book to purchase or class fee?

The book is \$17 and available to purchase the first day of class.

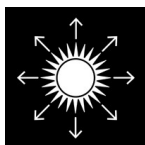
Contact

Sherry Shell

WOMEN'S CLASS

Gentle and Lowly

Tuesdays, Jan. 10 - May 2, 6:30 - 8:30 PM
Community Center A & B



So who is Jesus? This is the question at the heart of Dane Ortlund's *Gentle and Lowly: The Heart of Christ for Sinners and Sufferers*. This is a book about the heart of Christ. Who is He? Who is He really? What is most natural to Him? What ignites within Him most

immediately as He moves toward sinners and sufferers? What flows out most freely, most instinctively? Who is He? This book takes readers into the depths of Christ's very heart—a heart of tender love drawn to sinners and sufferers.

Can a person start anytime?

Yes, but those who start on Jan. 10 will gain the most benefit.

What level of commitment/intensity is involved?

We will read a few short chapters and review study questions on our own and meet every 2 weeks for discussion.

Is there a book to purchase or class fee?

The book and study guide are approximately \$20 and available to purchase the first day of class.

Contact

Shey Larson

WOMEN'S CLASS

Acts (Part 2)

Tuesdays, Jan. 17 - May 16, 9:30 - 11:30 AM
Community Center A & B



We are a women's Bible study that strives to encourage one another in our walk with God and with one another. Join us as Phyllis J. Le Peau leads us through the second part of the book of Acts in this LifeGuide Bible Study. We will continue to examine

what the Holy Spirit can do in us and in the world. The people of the early church discovered what true power looks like. Jesus transformed their lives—and they changed the world! Acts is the extraordinary record of what these early Christian disciples did. The power that we see in action in this book is the same power that can transform our lives.

Can a person start anytime?

Yes, but those who start on Jan. 17 will gain the most benefit.

What level of commitment/intensity is involved?

Weekly lessons are done in between classes.

Is there a book to purchase or class fee?

The fee, including book, is \$20 and can be paid the first day of class.

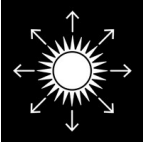
Contact

Stacey Jagt

WOMEN'S CLASS

Philippians

Mondays, Mar. 6 - May 8, 9:30 - 11:30 AM
Community Center E



The life Jesus invites us into when we follow him is one of sacrifice. But does sacrificial living mean the Christian life should be riddled with sorrow? Paul answers that question in his letter to the Philippians with a resounding no. Paul, and the Philippians with him, lived joyfully in the midst of persecution, prison, and poverty. The letter to the Philippians can encourage us to follow Jesus and have joy regardless of our situation or circumstance. Through Paul's words and example, learn how joy and sacrifice can go together.

Can a person start anytime?

Yes, but those who start on Mar. 6 will gain the most benefit.

What level of commitment/intensity is involved?

There is weekly homework, however, we understand that work does not always get completed. We welcome all to come regardless of the state of their homework.

Is there a book to purchase or class fee?

No

Contact

Deb Binder

AFFINITY GROUPS

Chronic Illness Support Group

Network for those with chronic illness or care for one who does

Meets monthly

Contact Lindy Kes

Game On for Women

Game night for women & an opportunity to invite friends

Meets 4th Friday of each month, January - April

Contact Kaydene Almquist

Grief Support Group

Network for those who have lost a loved one

Meets 2nd and 4th Monday evenings of each month

Contact Lyn Koch

K2F Adoption & Foster Ministries

Connecting with other foster and adoptive parents

Contact Missy Rock

Men's Bible Study & Discussion

This group works slowly through various books of the Bible

Meets Tuesday evenings

Contact Jeff Christina

Men's Breakfast

All men are welcome to come, eat, pray and challenge each other to a more dynamic faith as we follow Christ together

Meets 3rd Saturday morning of each month

Contact Keith Kronbeck



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