



SUMMER in the PSALMS

July 31, 2022

Thriving In the Desert

Psalm 1

Blessedness isn't a subjective feeling, but an objective reality.

Abiding abstinence

Just as a tree that is planted by streams will produce fruit, the Christian who continuously delights in God will have a consistent source of nourishment, resulting in a life of purpose and plenty.

Other Scripture: Psalm 32:1-2; Psalm 34:8; Psalm 65:4; Jeremiah 2:12-13

Further Study:

Read: Psalm 1 in your group or with at least one other person.

1. Have someone read it while everyone reads along.
2. Have someone else read it while everyone else listens.
3. Have someone recount the text from memory in their own words.

Discuss:

1. What does the passage reveal about God?
2. What does the passage reveal about humanity?

Act:

1. If this passage is from God, what should change about how you live?
2. Who needs to hear the truth of this Scripture that you can share it with this week? Identify a time this week when you might have the opportunity to share with them.